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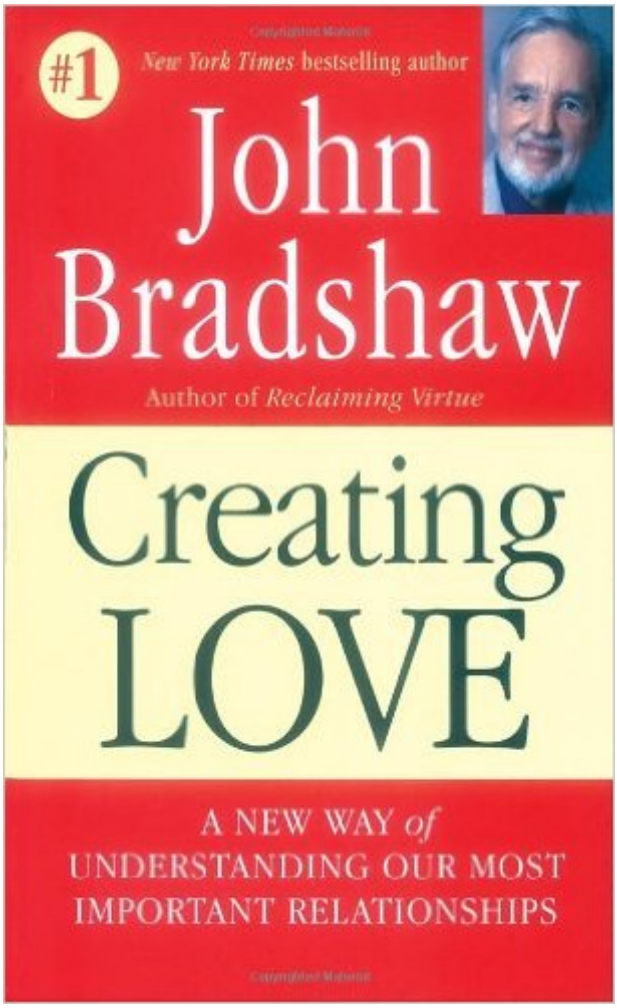
Creating Love: The Next Great Stage Of Growth



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Synopsis

â œWhy are so many of us at times completely baffled by a relationship? How can we think we know someone so well and admit in the end that we hardly knew that person at all? Why do many people who work diligently and strenuously to gain wholeness and balance still feel so frustrated about having a fulfilling relationship?Why have so many people given up on love?â •â ”from the PrologueJohn Bradshawâ ™s bestselling books and compelling PBS series have touched and changed millions of lives. Now, in Creating Love, he offers us a new way to understand our most crucial relationshipsâ ”with our romantic partners and spouses, with our parents and children, with friends and co-workers, with ourselves, and with God.Bradshawâ ™s compassionate approach shows that many of us have been literally â œentrancedâ • by past experiences of counterfeit love, so we unknowingly re-create patterns that can never fulfill us. Here he provides both the insights and the precise tools we need to keep those destructive patterns from repeating in the present. And then he shows how we can open ourselves to the soul-building work of real loveâ ”and create healthy, loving relationships where we can be fully ourselves in every part of our lives.

Book Information

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Customer Reviews

John Elliot Bradshaw (born 1933) is a speaker and author who has hosted a number of PBS television programs on topics such as addiction, recovery, codependency and spirituality. He was preparing for the Catholic priesthood, but his alcoholism turned him away, and he found sobriety in a 12-Step group for alcoholics. He has written numerous other books, such as Bradshaw on the

Family, Healing the Shame That Binds You, Homecoming: Reclaiming and Championing Your Inner Child, Family Secrets - The Path to Self-Acceptance and Reunion, Reclaiming Virtue, etc.He wrote in the Prologue to this 1992 book, "In what follows I will look at the creation of love in the four areas described by Genesis: I. Your relationship with a higher power... II. Your relationship with yourself... III. Your relationships with lovers, friends, and, if you've been married, your spouse or ex-spouse... IV. Your place in the world. Our life work can be mystified or soulful, and so can our relationship to the earth itself." (Pg.

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